



Authorized Provider

Seconds Saves Lives First Aid & Safety Training

Home Alone Course

Combined with The Canadian Red Cross

PeopleSavers First Aid

You learn:

Canadian Red Cross ~ People Savers First Aid

- Simple techniques for First Aid
- How to handle emergency situations and what to tell 911
- How to check for safety and dangers
- In a fun, interactive environment with other youth aged 8-12 years
- Learn how to deal with choking and breathing emergencies (ABC's)
- Care for broken bones, burns and poisons

Seconds Save Lives ~ Home Alone

- How to use your house key and entering your home
- What should you do to stay busy when you are home alone
- How to make a small snack and meal that is safe for you to eat

** Please note that you only need to choose one date/group. There are two groups per day*
Please send your child with a pen and a nut free snack and drinks. You may pay in cash at the time of the course.

Course Content:

The Canadian Red Cross People Savers 4

- Check for Safety – At Home & In My Community
- Caring for ABC's and unconsciousness
- Calling for Help

Seconds Saves Lives Home Alone

- Are you responsible enough to be at home on your own
- Home Alone Protocol and Safety Audit
- How to deal with emergencies

Activities include:

- Word finds, missing word puzzles, & word match activities

Course Length: 4.5 Hours

Course Includes:

Home Alone, PeopleSavers workbooks & Refreshments

Minimum Age: 8-12 yrs

Cost: \$33.62 (GST& PST)

Total Cost: \$38.00

UPCOMING COURSE DATES:

Sun, November 22nd /09 ~ 8:30am- 1:00pm or 1:00pm -5:30pm
At The Lindsay Loblaws, upstairs in the community room cooking school

To register call Dana at: (705) 739-8174
or register on the website: www.thebabysitterscourse.ca
or register by e-mail at: thebabysitterscourse@sympatico.ca
Office Hours: Mon, Wed & Friday – 9:30-3:30pm

